

## Ramadan 2024 - 1445AH

\* Subject to the sighting of the moon Ramadan will start on 11<sup>th</sup> or 12<sup>th</sup> March. Eid will be on 9<sup>th</sup>, 10<sup>th</sup> or 11<sup>th</sup> April. Fajr Jamat time will be 5:30am on 1<sup>st</sup> Shawwal the day after Ramadan ends.

Islamic Date	Day	March or April	Fajr			Zuhr		Asr		Maghrib		Isha	
			Begins Suhoor Ends	Jamat	Ends Sunrise	Begins	Jamat	Begins	Jamat	Begins Iftar	Jamat	Begins	Jamat
29	Sun	10	4:53	5:45	6:27	12:16	1:00	4:00	4:45	5:59	6:09	7:19	8:00
1*	Mon	11	4:51	5:11	6:25	12:16	1:00	4:02	4:45	6:01	6:11	7:21	8:00
2	Tue	12	4:48	5:08	6:23	12:16	1:00	4:03	4:45	6:02	6:12	7:22	8:00
3	Wed	13	4:46	5:06	6:20	12:15	1:00	4:04	4:45	6:04	6:14	7:24	8:00
4	Thu	14	4:44	5:04	6:18	12:15	1:00	4:06	4:45	6:06	6:16	7:25	8:00
5	Fri	15	4:42	5:02	6:16	12:15	1:00	4:07	4:45	6:08	6:18	7:26	8:00
6	Sat	16	4:40	5:00	6:13	12:15	1:00	4:09	4:45	6:09	6:19	7:28	8:00
7	Sun	17	4:38	4:58	6:11	12:14	1:00	4:10	4:45	6:11	6:21	7:29	8:00
8	Mon	18	4:35	4:55	6:09	12:14	1:00	4:11	4:45	6:13	6:23	7:31	8:00
9	Tue	19	4:33	4:53	6:07	12:14	1:00	4:13	4:45	6:14	6:24	7:32	8:00
10	Wed	20	4:31	4:51	6:04	12:13	1:00	4:14	4:45	6:16	6:26	7:34	8:00
11	Thu	21	4:29	4:49	6:02	12:13	1:00	4:16	4:45	6:18	6:28	7:35	8:00
12	Fri	22	4:27	4:47	6:00	12:13	1:00	4:17	4:45	6:19	6:29	7:37	8:00
13	Sat	23	4:24	4:44	5:58	12:13	1:00	4:18	4:45	6:21	6:31	7:38	8:00
14	Sun	24	4:22	4:42	5:55	12:12	1:00	4:20	4:45	6:23	6:33	7:40	8:00
15	Mon	25	4:19	4:39	5:53	12:12	1:00	4:21	4:45	6:24	6:34	7:41	8:00
16	Tue	26	4:16	4:36	5:51	12:12	1:00	4:22	4:45	6:26	6:36	7:43	8:00
17	Wed	27	4:14	4:34	5:48	12:11	1:00	4:23	4:45	6:28	6:38	7:44	8:00
18	Thu	28	4:11	4:31	5:46	12:11	1:00	4:25	4:45	6:30	6:40	7:45	8:00
19	Fri	29	4:09	4:29	5:44	12:11	1:00	4:26	4:45	6:31	6:41	7:47	8:15
20	Sat	30	4:06	4:26	5:42	12:10	1:00	4:27	4:45	6:33	6:43	7:48	8:15
---- Start of Summer Time ----													
21	Sun	31	5:04	5:24	6:39	1:10	1:30	5:28	6:00	7:35	7:45	8:50	9:15
22	Mon	1	5:01	5:21	6:37	1:10	1:30	5:30	6:00	7:36	7:46	8:51	9:15
23	Tue	2	4:58	5:18	6:35	1:09	1:30	5:31	6:00	7:38	7:48	8:53	9:15
24	Wed	3	4:56	5:16	6:33	1:09	1:30	5:32	6:00	7:40	7:50	8:54	9:15
25	Thu	4	4:53	5:13	6:30	1:09	1:30	5:33	6:00	7:41	7:51	8:56	9:15
26	Fri	5	4:51	5:11	6:28	1:09	1:30	5:35	6:00	7:43	7:53	8:57	9:30
27	Sat	6	4:48	5:08	6:26	1:08	1:30	5:36	6:00	7:45	7:55	8:58	9:30
28	Sun	7	4:46	5:06	6:24	1:08	1:30	5:37	6:00	7:46	7:56	9:00	9:30
29	Mon	8	4:43	5:03	6:21	1:08	1:30	5:38	6:00	7:48	7:58	9:01	9:30
30	Tue	9	4:41	5:01	6:19	1:07	1:30	5:39	6:00	7:50	8:00	9:03	9:30
1	Wed	10	4:38	5:30	6:17	1:07	1:30	5:41	6:00	7:51	8:01	9:04	9:30
2	Thu	11	4:36	5:30	6:15	1:07	1:30	5:42	6:00	7:53	8:03	9:06	9:30

NIYYAH FOR FASTING - if one makes the Niyyah (intention in the heart) to begin and end the fast, then that is sufficient.

THE PROPHET ﷺ USED TO SAY WHEN BREAKING HIS FAST  
دَهَبَ الظَّمَا وَابْتَلَّتِ الْعُرُوقُ وَبَتَّ الْأَجْرُ إِنْ شَاءَ اللَّهُ

DHAHABADHLAMAA'U WABTALLATIL UROOQU  
WATHABATAL AJRU IN-SHAA-ALLAAH

THE THIRST HAS GONE AND THE VEINS ARE  
MOISTENED, AND THE REWARD IS CONFIRMED,  
IF ALLAAH WILLS

ABU DĀWŪD (235) AND AL-BAIHAQI (4/239), FROM IBN 'UMAR رَضِيَ اللَّهُ عَنْهُمَا,  
AL-ALBĀNĪ رَضِيَ اللَّهُ عَنْهُ SAID TO BE HASAN (GOOD) IN "AL-IRWĀ'" (920)

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Sadaqatul Fitr is Wajib



Eid Jamats

7:30am, 9am,  
10:30am

# FASTING IN RAMADAN

The reward from fasting is great. Abu Huraira (*radi Allahu anhu*) reported that the Prophet (*sallā llāhu `alay-hi wa-sallam*) said: "Allah says: All the deeds of Adam's children belong to them except fasting, which belongs to me and I will reward it. Fasting is a shield (against Hell and against sins). If one of you happens to be fasting he should avoid sexual relations with his wife and should avoid quarrelling. Should someone fight or quarrel with him let him say, 'I am fasting'. By Him in Whose hand my soul is, the smell from the mouth of a fasting person is better in the sight of Allah than that of the musk" [*Bukhari and Muslim*]. The reward of fasting is so immense that words are not used to describe the quantity of the reward that will be given for keeping a fast. Instead Allah Himself out of His Mercy will give his servant the reward for fasting.

Muslims are also encouraged to supplicate in abundance to Allah during this month as Allah states in the Quran: **And when My servants ask you, [O Muhammad SAW], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided [Al Baqarah 2: 186].**

## ACTIONS THAT INVALIDATE THE FAST

- ✗ **Swallowing** food lodged between the teeth without removing it from the mouth. The size of the food should be similar to that of a chick pea or bigger.
- ✗ **Swallowing** something inedible such as a stone.
- ✗ **Swallowing** vomit back down the throat
- ✗ **Swallowing** blood emerging from bleeding gums or swallowing any saliva which is red (from blood) in colour.
- ✗ **Gargling** such that water goes down the throat during gargling.
- ✗ **Vomiting** a mouthful intentionally.
- ✗ **Pouring** oil or ear drops in the ear.
- ✗ **Inhaling** nose drops or snuff.
- ✗ **Breaking** the fast before sunset or to eat sehri after subah saadiq (true dawn / beginning of fajr time).

## ACTIONS THAT DO NOT INVALIDATE THE FAST

- ❖ **Forgetfully** eating, drinking or cohabiting.
- ❖ **Applying** oil on the hair, head or body.
- ❖ **Applying** surma (kohl) in the eyes.
- ❖ **Cupping** blood or blood tests.
- ❖ **Backbiting** (although backbiting is still sinful).
- ❖ **Inhaling** any dirt, dust or smoke down the throat.
- ❖ **Wet dream** during sleep.
- ❖ **State** of janaabah (ritually impure) whilst fasting.
- ❖ **Using** ear buds, miswaak or itr (musk).
- ❖ **Swallowing** saliva.
- ❖ **Injection** for medical purposes provided it is not a strength stimulating injection e.g. a vitamins injection.
- ❖ **Gargling** the mouth and rinsing the nose using water (although water should not go down the throat as this will invalidate the fast)

## LESSONS FROM THE QURAN

After Asar in the month of Ramadan. You can listen on-line too

<https://mixlr.com/wimbledon-masjid/>

DATE	Jummah Collections - CHARITY
15 <sup>th</sup> March	IF Charity – Palestine
22 <sup>nd</sup> March	Africa Relief Fund -Somalia
29 <sup>th</sup> March	SABA - Yemen
5 <sup>th</sup> April	IF Charity - Palestine

DATE	Taraweesh Collections - CHARITY
15 <sup>th</sup> March	AICS – All Children in School – Guinea
16 <sup>th</sup> March	Hand in Hand – Syria
17 <sup>th</sup> March	Solace
22 <sup>nd</sup> March	IKCA – Pakistan
23 <sup>rd</sup> March	IF Charity – Palestine
24 <sup>th</sup> March	Human Relief Foundation Rohingya
29 <sup>th</sup> March	Ummah Helping Hands – Gujarat
30 <sup>th</sup> March	Islamic Help – Tanzania
1 <sup>st</sup> April	Rahma Mercy
5 <sup>th</sup> April	Ummah Welfare Trust – Afghanistan
6 <sup>th</sup> April	Saravajanak Medical Trust – India
7 <sup>th</sup> April	HHUGS

## HIDDEN GEMS

### SUPPLICATION JUST BEFORE IFTAR

This is a time when duas are readily accepted, so spend at least 5-10 minutes supplicating to Allah before breaking the daily fast.

### NIGHT OF QADR BETTER THAN A THOUSAND MONTHS

A deed done on that night is better than a deed done for 1000 months. Find this blessed night in the odd nights of the last 10 days of Ramadan. Giving £1 in sadaqah would be like the equivalent of giving £1 for 1000 months i.e. approx. £30,000. Subhanallah!

### "Laylat ul-Qadr is better than a thousand months" [97:3]

- ❖ Aa'ishah (*radi Allahu anha*) narrates that when the last ten days of Ramadaan came, the Prophet (*sallā llāhu `alay-hi wa-sallam*) would stay up at night, wake his family and gird his loins (Al-Bukhari, 1920; Muslim, 1174). Muslim added: he strove hard and girded his loins. Her phrase "girded his loins" is a metaphor for the Prophet (*sallā llāhu `alay-hi wa-sallam*) preparing himself to worship and strive hard in worship more than usual.
- ❖ This one night surpasses the value of 30,000 nights.
- ❖ Aa'ishah (*radi Allahu anha*) reported that she asked the Prophet (*sallā llāhu `alay-hi wa-sallam*), "O Messenger of Allāh! If I knew which night is Laylat ul-Qadr, what should I say during it?" And he instructed her to recite:

**"Allāhumma innaka `afuwwun tuhibbul `afwa fa`fu `annee O Allāh! You are forgiving, and you love forgiveness. So forgive me."**

(Ahmad, Ibn Majah, and At-Tirmidhi).

- ❖ Laylat ul-Qadr could be in any of the odd nights of the last ten, so it is advised to perform a little bit of ibadah (worship) according to one's capabilities in every night of the last ten in order to ensure that one catches the odd night.